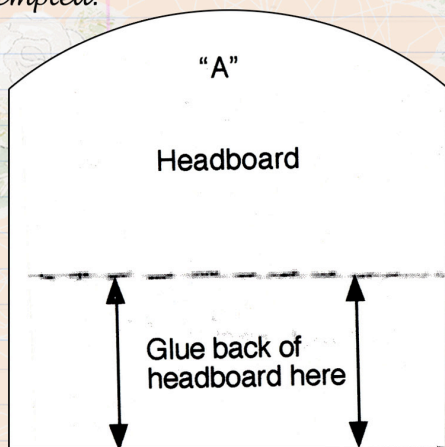


Whiter Shade of Pale Challenge

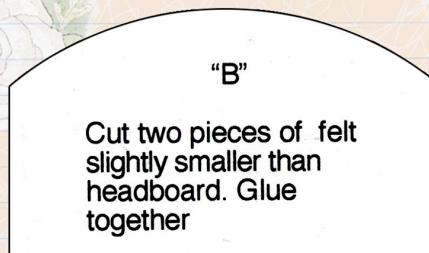
Project by Mary H. Haworth from Wisconsin

Half-Inch Embroidered Coverlet and Bed

"This project started out as an embroidered coverlet for a bed. However, after completing the coverlet, I felt it would look better if placed on a bed. The bed (also all in white) is actually an accessory to the coverlet project. I have so many fabrics that I decided that I would use only what I have and not buy another piece of fabric, although I was tempted."



Materials needed
1/2" foam core
1/4" foam core
white fabrics
white felt
various shades of white thread
5/8" lace & 1/2 yd of narrow lace, shirred or pleated
glue



Bed Base

The bed is made from 1/2" foam core. Cut 2 pieces 3" long & 2 1/4" wide. Glue together. Using one of your coverlet materials, cut a strip about 12" long and 1 1/2" wide. (height of bed + a scant 1/2") Starting at the back center of the foam core base and even with the bottom of the base, wrap strip around the foam core base and lightly glue the strip in place. Cut off excess fabric from the back of the strip. Fold over the excess material at the top of the foam core base, mitering the corners. Glue. Cut a piece of felt to fit the top of the bed base. Glue. For a dust ruffle, use 5/8" lace. Pleat or shirr the lace to fit around the 2 sides and front of the bed. glue in place.

Headboard

Using pattern A and 1/4" foam core, cut out the headboard. Cut 2 pieces of felt from pattern B, slightly smaller than the headboard. Glue the felt together. Test fit. The felt shouldn't interfere with the headboard fitting well to the base. Trim if needed. Glue the felt to the headboard.

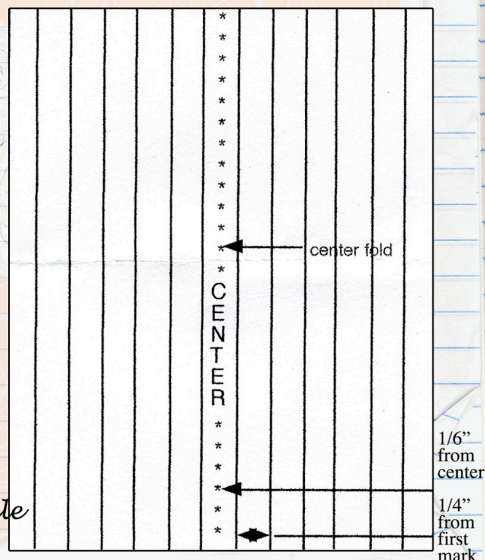
Cut white fabric larger than the entire front of the headboard so the fabric extends over the edges of the headboard to the back side. Snip curves for a smooth fit. Glue fabric to the back side of the headboard. Lightly glue another larger piece of fabric to the back of the headboard. Glue a small white twisted braid around entire edge of headboard. Voila! Your bed is ready for the coverlet.

Coverlet

Cut fabric 1 1/2" wider and longer than desired size of finished coverlet. With a washable blue fabric marker, lightly mark off the first line 1/8" from the center fold and then 1/4" thereafter as shown in diagram. Have an even number of spaces on either side of the center space. If you use a washable marking pen, be sure your fabric is washable.

Embroidery is done between the marked lines. Start the embroidery in the center space and duplicate the embroidery stitches on either side of the center. Place coverlet over bed to see how much embroidery should be worked. You could do the top and leave the sides plain.

Turn under the hems so that about 1/2" of the coverlet is off the floor. The dust ruffle should show. Stitch or glue hems in place. Add narrow lace to the underside of coverlet to show a bit of the lace. Glue to the underside of the coverlet. Place coverlet on the bed, pinching or pleating the corners. Tack in place. Add a ribbon on each corner. My finished coverlet with lace was 4" x 4".



Stitches used:

- 1) feather stitch straight, zig-zag
- 2) chain, chain stitch braid, twisted chain
- 3) stem stitch
- 4) Pekinese stitch

these are just a few of the stitches that can be used or you could vary the colors of thread.

Add pillows. Cut shapes of pillows, square, round etc. from index card. To each side of card, glue a piece of felt. Trim. Sandwich felt pillow forms between two pieces of white fabric cut larger than forms. Add a little cotton to one side of the pillow before gluing the fabric together. When dry, trim pillows slightly larger than the form and trim with lace, ribbons etc. Make a bolster by wrapping felt over a small dowel a couple of times. Glue. Wrap a piece of fabric edged with lace over the dowel/felt and glue.